

## Trek to the Beaskund lake

**Location:** Himachal Pradesh  
**Duration:** 8 Days  
**Grading:** Moderate

**Webpage:**  
[http://www.team4adventure.com/trips/trek\\_beaskund\\_08d/index.php](http://www.team4adventure.com/trips/trek_beaskund_08d/index.php)



**Overview:** A beautiful trek with experiences of glaciers, boulders, meadows, river crossings and great views of snow clad mountains. Beas kund is a small glacial lake set in a large basin with high snow clad mountains all around it making it a huge amphitheatre of nature.

The lake is considered as one of the main sources of Beas River. It is also said that Vyas rishi had performed meditation in this place, thus it is considered as a holy lake according to Hindu mythology.

The trek is based from Manali in Himachal Pradesh. Manali is a beautiful hill station, well connected and having good infrastructure as well as a great shopping experience. The road head from where the trek starts is a place called Dhundhi near Solang. Route is planned as circular, so that the experience is unique for the entire trek.

Participants are expected to walk with a small backpack, whereas all the camping gear, rations and the luggage of guests is transferred by our team of porters.

### Itinerary:

**Day 0:** Board overnight AC Volvo bus from Delhi to Manali.

**Day 1:** Arrival in Manali, transfer to hotel. Relax, town visits, last minute shopping, sort out the gear. Overnight at hotel.

**Day 2: ( Manali-Solang-Dhundhi )** Transfer by road from Manali to Solang. Further trek to Dhundhi. Overnight at Camp.

**Day 3: ( Dhundhi – Bakarthach Trek 4 Hours )** Today we would trek to Bakarthach ( 3300m ) constantly following the left bank of the river. The trail would pass through small forest and moraines. Early in the season there may be glaciers over small streams on the way. We camp in a small meadow on the top of a plateau overlooking Bakarthach. overnight camp.

**Day 4: ( Bakarthach to Beaskund Valley Trek 4-5 Hours )** Today we would trek along the “Lady Leg ridge”, and would cross this ridge over a less used rocky goat pass to enter the beaskund valley. A short glacier crossing and then a climb would take us to a beautiful meadow which overlooks the Hanuman Tibba mountain. Overnight

camp.

**Day 5: ( Beaskund Basin Trek 4 Hours )** We descend from our elevated camp site to reach the Beas kund lake (3690m). After spending some time near the lake, we would proceed further to camp at some grassy patch. The entire beas kund basin is like a huge amphitheatre with snow clad mountains around it. Overnight camp.

**Day 6: ( Beaskund to Dhundhi Trek 5 Hours )** On the last day of our trek we would need to cross 2-3 glacial streams which meander across the beaskund basin. A steep climb across the boulder stridden Bakarthach ridge would bring us to the meadow trail to Dhundhi. Overnight at Camp.

**Day 7: ( Dhundhi-Manali-Delhi )** Trek from Dhundhi to Solang, further transfer to Manali by road. Overnight at hotel.

**Day 8:** Board evening AC Volvo bus from Manali for Delhi.

## Travel Advisory

### PACKING LIST

Personal torch, appropriate comfortable and rugged footwear for the trek, fleece body warmers, windproof jacket and lower, warm headgear, UV protection sunglasses, gloves, warm socks, suitable backpack, camera etc.

### GENERAL NOTIFICATION

- Minimum age for participation is 12 years.
- This is an outdoor adventure trip in Himalayas with limited access to medical facilities.
- Weather disruptions may at times result in discomfort or unplanned adjustments.

### JOURNEY

- Overnight travel by AC Volvo Delhi to Manali and Manali to Delhi.
- Bus bookings can be organized by us if needed.